

MiltonUlladulla

U3A Campus inc



July, 2017

Term 3 Newsletter

Volume 20 Issue 3

U3A President's Message

Well, the U3A Kaleidoscope Concert finally took place on Sunday May 21st. I was unable to attend but all the reports I have received have been very complimentary. Congratulations to all the performers for making the concert such a success with their highly professional efforts. Special thanks must go to Elisabeth Andrews and Vern Flay for their leadership and commitment to promote the idea of a U3A concert. I would also like to acknowledge the contribution of Carmen Champion whose organization skills ensured a successful coordination of a complex event. I must also thank the members of the audience for attending in such large numbers.

Thank you for your support. I am pleased to be able to report that the concert produced a net profit of \$1,400.00 which we will donate to a charity yet to be selected by the Management Committee.

Well, another year has passed and we have our Annual General Meeting on July 5 at 2pm at the Dunn Lewis Centre. I believe that all of the current members of the Management Committee are offering themselves for re-election with the exception of our Secretary Libby Rooney. However, I must make clear that any member may stand for election to any position and that nomination forms are available from our Secretary. I am truly sorry that Libby has decided to retire as she has been a very capable and organized secretary.

John Hayes

President MUU3A

Milton-Ulladulla Music Society - local concerts held on Sundays in St Martin's Church Hall at 2pm.

- 30 July** Anthony Peebles, Piano, playing Beethoven and Chopin
- 17 Sept** George Washingmachine, Gypsy Jazz Ensemble
- 22 Oct** Ensemble Aspherical [Harp, Flute, Violin, Viola]



Hatha Yoga, with Annette Craig, will return to U3A in Term 3 2017. Contact Annette on 0448 900 080

Any use of the U3A Harry Higgs Room outside times allocated to tutors MUST be approved by the U3A Committee.

New Courses Term 3 2017

- **Yanking the Ponytail** *with* Barbara Bee
- **An Essential Guide to Italy** *with* Ted Gordon
- **Physics in your Life** *with* Chris Graham
- **Lost Worlds of South America** *with* Chris Graham
- **Your Deceptive Mind** *with* Carmen Champion



THE 2017 TERM 3 PROGRAMME

NEW COURSES

We have 5 new courses this term ...

Yanking the Ponytail

Barbara Bee 4457 2732

As we age, stories can help us reflect upon and understand our own lives. Barbara is an aficionado of Helen Garner, and is keen to share her enthusiasm for this acclaimed Australian author with those who may not be aware of her; naturally, Barbara would be delighted if those who appreciate Garner's works [including the title of the course] were to attend. This introduction to her non-fiction writings will concentrate on her most recent collection of short works 'Everywhere I Look' (Text Publishing, 2016), and - having explored the content - Barbara will then encourage group discussion

An Essential Guide to Italy

Ted Gordon 4455 2313

This is the ultimate in travel guides. This sumptuous Great Course DVD is led by Professor K Bartlett, whose career has been spent teaching Italian culture and history. He concentrates mainly on Rome, Florence and Venice; where he walks down many streets in each city, identifying and entering significant buildings to discuss their history, design, architecture and contents. To illustrate the detail you will see, he devotes seven hours to Rome, and five each to Florence and Venice. The course will be conducted over this and next term; each week, Ted will play two 30 minute lectures, and follow up with discussion on their content

Physics in your Life

Chris Graham 4454 3025

Don't be put off - this is not a Physics' course!
Taken from a Great Course DVD, these lectures explore in a non-scientific way the part that Physics plays in everyday Life - covering every-

thing from the microchip, through the gadgetry that we take for granted every day, to our place in the Universe. It explains how the fundamental laws of nature, codified into the principles of physics established over centuries, have been harnessed to make our lives easier and more convenient. The presenter is noted for his ability to make science relevant to outsiders, and so is well qualified to guide participants on this enlightening journey; it is a course for inquisitive non-scientists and non-engineers. There is no maths - just eloquent and simple descriptions of concept and development. Join Chris in this exploration and understanding of nature and its manipulation for the benefit of humankind. The course will run over 2 terms

Lost Worlds of South America

Chris Graham 4454 3025

Did you know that well before the first pyramid was constructed in Egypt, thousands of people were already living in stone built cities in Peru? Let Chris play this Great Course DVD to you, and thence learn about the thousands of years of South American history - much of which has come to light only recently. Cities going back five millennia still covered under desert sands ... magnificent conurbations secreted on peaks and in valleys of the Andes; the evidence of an ancient population in the millions is slowly being recovered. This course will lead you through the many cultures that rose and fell during pre-Columbian South American history. It will run over 12 weeks [ie, into the beginning of term 4]

Your Deceptive Mind 04 1348 9537

Carmen Champion carmenchampion18@gmail.com

In this age of fake news, disinformation and pseudoscience, critical thinking has become more and more important. Using material from a Great Course DVD, Carmen will present Professor Steven Novella of Yale University guiding participants through the science of errors of perception, the trap of conspiracy thinking, denialism and marketing scams, and much more of vital importance to the way we approach news, marketing and opinions. Carmen prefers e-mail contact

The USA Committee and members would like to thank every USA member who volunteers to share a little of his or her expertise, knowledge or interests with other USA members by becoming a Tutor for USA.

Tutors give an inestimable gift to USA and its members by presenting an array of courses that enrich our lives, extend our knowledge and entertain us.

Thank you, Tutors, for your amazing effort and interest.

RETURNING COURSES

The Safety of Food in Australia

Debbie Peters 04 2521 0746

Debbie has been associated with the food production industry in Australia for many years, and is always amazed at how little people really know about the process of getting food from 'paddock to plate', and how it should be handled in the home. Her course/interactive workshop which will explore the world of human nutrition, medical science, microbiology, and human food-borne disease, ailments and syndromes; she will also cover labelling laws and consumer protection, and the need to assess carefully the influences of advertising and what is promulgated as 'scientific research'. Even running a sausage sizzle or cake stall has certain implications of which people should be aware! The outline of the course is as follows:

How to interpret a food packaging label - what does it all mean, and why

Food chain terms - advertising terminology; eg, allergens, organic, vegetarian, ethical sourcing

Vulnerable populations

Legalities, penalties, etc

What happens in the world of the food sup-

ply chain in Australia to ensure consumer protection, and why

Understanding food safety and quality; what can make consumers ill and cause death, and why

German - Beginners/Intermediate

Elke Smith 4455 3547

Elke is re-offering her German starters' course. Not only will she teach the language, but also devote time to looking at German history and customs; she promises a fun experience! It is being held in her home, so numbers are limited

German - Advanced

Elke Smith-Hill 4455 3547

Elke is continuing with her advanced German course, in which she delves deeper into German language, and devotes more time to the country's history and culture. You will need to be at a certain standard to participate, so talk to Elke if you are joining from outside her starters' course

USA AGM 2017

Will be held on

Wednesday, 5th July 2017,

From 2:00 p.m.

In the Alley Gallery

At the Dunn Lewis Centre.

All Committee positions will be vacant.

Nominations welcome.

Afternoon tea will be served.

Come and join us.

CONTINUING COURSES

Hatha Yoga

Annette Craig 04 4890 0086

Hatha Yoga is a traditional yoga practice incorporating breathing, relaxation and asanas (yoga postures); its aim is to provide a sense of balance between mental, physical and spiritual aspects of the body. No matter what your level of fitness or age, hatha yoga is for everyone since its form is gentle and traditional, and is suitable for those with physical limitations. With over 40 years of practice, Annette is able to provide a class modified to individual needs. Please wear loose comfortable clothing, and bring with you a yoga mat or equivalent, a blanket or large towel, plus a soft pillow, since the Burrill Lake Hall [where the course is being held] has hard timber flooring. The course will run for 5 weeks from 17 July to the 21 August

Line Dancing

Helen Reeson 4455 2805

Helen invites members to join her Line Dancing classes on Monday or Friday, or both. As Helen says, Line Dancing is all about moving to music, having fun with friends, and exercising both mind and body ... it's definitely not about boots, buckles and hoe-downs. Routines follow a variety of music and dance styles - including waltzes, rhumbas, and chachas. You don't need a partner, and steps can be modified to suit individual needs or restrictions. Sessions run from noon to 1pm at the Catholic Church Hall on the corner of Green and St Vincent's streets. So get along and get started with basic steps and easy dances, and enjoy a cuppa afterwards. Begins 21st August.

Cryptic Crosswords [Intermediate]

John Dallimore 4454 1453

John's class is aimed at those who are grappling with the cryptic mindset, and still need a bit of guidance. As well having participants work on puzzles, he looks at solutions to other offerings, and dissects the clues to reveal the answers

The World's Greatest Geological Wonders

Phil Smart 4455 5616

Visit, under Phil's guidance, the most amazing natural wonders of the geological world via this awe-inspiring DVD course from the 'Great Course' series, which not only displays the Earth's great diversity and beauty but also explains how each site was created. As well as using the DVD, Phil will bring his own extensive knowledge of geology to the course. This is the final part of Phil's course, and will occupy the first 3 weeks of term only

Bonsai for Beginners

Russell Baker 4454 1602

Join Russell at his home at 32 Leigh Crescent in Ulladulla on Tuesdays at 1000 and explore the gentle art of Bonsai. He will run a hands-on workshop where participants will learn how to create a Bonsai, to care and to feed it, and to identify the different styles. During the course they will get practical experience in shaping, wiring, and re-potting techniques, plus pot selection ... but - more importantly - they will see how easy it is to start their own bonsai collection, as well to care for a living hobby. Maximum of 8 people

Film Appreciation

Ted Gordon 4455 2313

Join Ted to watch classic films ... this term including *Bad Day at Black Rock*, *Shadowlands*, *The Pyjama Game* and *The Shipping News*. Usually, Ted has a full complement, but check with him in case vacancies have arisen

Creative Textiles

Beryl Wade 4455 4185

Beryl's group works in various textiles, creating items which exploit the characteristics of each to maximise effect. Join her at her home ... so there is a maximum of 8

U3A Tea'n'Talk will not be held in Term 3 2017, but will return in Term 4.

Making MosaicsColleen Ringe 04 1608 1011

If you are a newcomer to this course, Colleen will get you started by working on small items to learn the basics, and - once mastered - you can go where your imagination takes you ...

Italian ConversationJudy Johnston 4455 3028

Judy is now co-ordinating our long-running Italian class, which concentrates more on conversation than practise. However, Judy would be pleased to take on newcomers who have a smattering of the language; phone her if you think you may be able to cope, and determine if you can be accommodated

The History of the English LanguageEnid Everingham 4454 2430

How did Old English evolve into the elegant idiom of Chaucer, Shakespeare, Twain and other great writers? Taken from a *Great Course* DVD and completing this term, Enid will mentor the remarkable history of English from the Middle Ages to the modern day. Experience the thoughts, literature, culture and politics of a defining civilisation through its most precious legacy: its words

French - IntermediatePauline McAdam 4454 4120

Pauline's sessions have been running for a few terms now; she is offering a post-beginners' course which looks at grammatical aspects of the language, and concentrates on speaking, reading and writing

The Western Intellectual TraditionRoy Liegel 04 8828 4457

Roy's course is now held in the Community Resources Centre [next to Coles] on Thursdays between 10 and midday; he is mentoring the course from literature and *The Great Courses'* DVD series of the same name. It is a compre-

hensive survey of the 3000-year history of Western philosophy from its origins in classical Greece to the present day; the format is to listen to 2 lectures and then enjoy a group discussion on the content. Because of the extensive nature of the subject, the course will be conducted over a number of terms. Roy intends to issue information about each session in advance, so that participants can be aware of what is coming and prepare themselves for the group exchange

Current AffairsMary Whelan 4454 5260

Mary is taking over from David Roberts, and she is ready to focus the minds (and hearts) of those who attend this lively discussion group on the implications of everyday events and trends

Sculpture with HebelJan Huon 04 0823 4992;Ranee Hanlon 04 9968 5116

Come along and discover the world of Hebel sculpture with Jan and Ranee. Hebel is a soft stone-like substance that is easily manipulated, and is suitable for indoor and outdoor sculptures. As well as being introduced to the way to craft the material, you will learn the many choices of finishing techniques available to make your project unique. Basic safety clothing is required - ie, covered shoes and a face mask. To get started, contact Jan or Ranee to be told the tools you need to bring along; you will also need to purchase a block of Hebel from Buntings [timber section; \$7.50]

Cryptic Crosswords [advanced]John Dallimore 4454 1453

Cryptic Crosswords can be a source of immense satisfaction when you solve them ... and immense frustration when you can't! This course is for those who are already well into



them, but would like pointers on how to tackle them more competently, and collectively enjoy solving particularly tricky brain teasers

The Metropolitan Museum of Art

Ann Troup 4454 4741

Following on from Ann's presenting other Great Course DVDs on the world of great art, she is taking participants through those masterpieces contained in the 'Metro' in New York [final term]

French Literature and Conversation

Val Barnes 4455 5796

Val welcomes fluent French-speakers to join her between 10 and 12 on Friday mornings at her home [55 South Pacific Crescent, Ulladulla] to discuss, in French, French poetry and modern fiction

M-U U3A Book Club #1

Liz Shinton 4454 5584

Liz's club meets on the first Thursday of the month at one o'clock in the ex-Servo's Club. The Club has room for more readers, and so Liz would welcome newcomers

M-U U3A Book Club #2

Beverley Webster 4454 2062

Beverley's Club meets every alternate Friday [starting 21 July] at ten o'clock in the Ulladulla Bowling Club. Unfortunately, this club is fully subscribed ... but check with Beverley in case a vacancy has arisen

M-U U3A Book Club #3

Carmen Champion

carmenchampion18@gmail.com 0413 489 537

Carmen's club meets on the third Friday of the month at one o'clock in the Harry Higgs Room; again, this club is full - but check with Carmen in case a vacancy has arisen. Carmen prefers e-mail contact

Recorder Group

Vern Flay 4454 5860

The Recorder Group is conducted by Vern Flay, who has a wealth of experience coaching musical ensembles. Recorder Choirs have a unique and startlingly sweet sound ... and there is plenty of scope to enjoy the fun of making music with others - even if you have not played the instrument before. If you feel like joining the Group but are a newcomer to the instrument do not despair ... 'phone Vern who will determine the best way for you to get started - including his offering basic tuition before the group assembles for practice

AFFILIATED COURSES

The following courses are self-organising, but are run under the auspices of, or are supported by, M-U U3A

Jeudis de la Presse

Christine Pearce 04 6895 4487

Christine is once again offering to guide a French conversation course concentrating on current affairs - in particular those affecting France; take this opportunity to think and to talk on contemporary subjects in a second language. There is no fee for this course. Participants meet at the Coffee House, Ulladulla, near IGA at 11:00 to enjoy coffee, cake and chat - très Français

Milton and District Concert Band

Vern Flay 4454 5860

The Milton and District Concert Band conducted by Vern practices every Thursday evening in the Milton School; it plays out regularly in the community. It comprises brass, reed and percussion instruments, and welcomes newcomers to its ranks; in particular, clarinet players are eagerly sought. Beginners can be coached before full band practice starts at 1930. The band runs its own budget, so there is no course fee

Birdwatching

Marg Hamon 4457 1129

Birdwatching sorties are launched every fortnight on Friday mornings. Contact Marg or visit mubirdclub@gmail.com for details of excursions and protocols [procedures and equipment], and other activities

Mah Jong

Enid Hillery 4455 5273

Enid's friendly group meets every Saturday afternoon in the Harry Higgs Room. You should have a good grasp of the game

... so if you play at an intermediate standard, Enid would be delighted to welcome you

POTENTIAL COURSES - TERM 4 AND BEYOND [IE, TREATS IN STORE]

If all goes to plan, as well as our usual fare, we'll see some or all of these courses starting or returning in the coming terms. If you are interested in any, give the tutors a ring to let them know - it all helps with their planning. Contacting them now is not a commitment by you to attend later - we all understand people's circumstances change.

Medical Myths, Lies and Half-Truths with David Miles [04 0402 5858]

Churchill and A History of Hitler's Empire, both with John Hayes [4455 1260]

Singing for Pleasure with Elisabeth Andrews [4454 3580]

Revolutions - Obscure but Important with Geoff Andrews [4454 3580]

Mah-Jong with Bill and Sharyn Lampard [4455 7740] [Term 1/18]

Leadlighting with Brian Brown [4457 1260]

TERM DATES 2017

Term 3 Monday 17 July to Friday 22 September [10 weeks]

Term 4 Monday 09 October to Friday 15 December [10 weeks]



MILTON ULLADULLA U3A COMMITTEE

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