



## **U3A President's Message**

Welcome to U3A 2016, members and friends. The committee and tutors have prepared another full program of thirty-two interesting courses and five associated courses for you to enjoy.

We encourage you to wear your U3A badges when you attend your courses. These introduce you to members you may not have met before and also show the Tutor that you have paid your annual subscription.

Many of you will attend the **Enrolment Day from 10 a.m. to 3 p.m. on Wednesday, 20th January, 2016**, to pay your \$20 annual subscription and to have a chat with other members and the committee, but if you send your subscription by mail, you will receive your badge by mail. Your badge is your receipt.

If you are new to our the Milton Ulladulla community, and have an interest in presenting a course, please contact any committee member to discuss this possibility. The key committee member in courses organisation is Chris Graham, the Courses' CoOrdinator, who will be delighted, to incorporate your ideas for courses into the program.

U3A courses are held mainly in the Harry Higgs Room at the Milton Cultural Centre,

but are also held at the Ulladulla Library, the Dunn Lewis Centre, the Lake Burrill Hall, in members' own homes and at other venues around Milton Ulladulla.

Members sometimes invite visiting guests to attend their favourite courses and the U3A committee encourages this, but charges a casual fee of \$5 to cover insurance costs.

The President and Committee look forward to meeting new and continuing members as we do what we love to do, provide interesting courses for retired and semi-retired people.

**Enid Everingham (President, MUU3A)**

### **NEW COURSES**

- **Unrecognised Failures and Deceivers**
- **Forensic History: Crime, Fraud and Scandal**
- **Writing and Civilisation**
- **Skywatching: See and Understand Cosmic Wonders**
- **Museum Masterpieces: The National Gallery, London**

### **RETURNING COURSES**

- **Conversational Italian**
- **World Textiles**
- **Mah-Jong**
- **I-Pads for Beginners**
- **Beginning French**
- **Creative Textiles**

We wish to express our appreciation to all our tutors who willingly give up their time to prepare and present their courses . They take to their task with great enthusiasm which enriches the experiences of all our members. It is the tutors who make U3A a really outstanding organisation.

THANK YOU, TUTORS.

*Tea' N' Talk Term 1 , 2016*

*With Simon Duffin*

*Crossing Paths,*

*the story of Simon' s 16 week journey to bring his wife from Yorkshire to New South Wales.*

*Join us*

*On Saturday, 12th March, 2016,*

*From 3 p.m. To 5 p.m.*

*At the Dunn Lewis Centre*

*In the Alley Gallery.*

Simon has recently moved to the South Coast of New South Wales from Yorkshire. He is a journalist who reports football stories for local newspapers and has written books on several topics including a journalist's perspective on 110 cathedrals in the United Kingdom.

Crossing Paths is the title of a book Simon wrote about his 16 week journey bringing his wife to NSW for the first time. It's a travel book showing that such a journey is not only possible for slightly older people but that potentially people of our age gain more insight and perspective on people and places because we are a little older. He tells stories of people they met and difficult borders they crossed through 25 countries to get from Yorkshire to NSW.

Ocean Pools and Tea Rooms are also topics of interest for Simon.

**U3A On-line Courses** U3A On-line has been established in Australia through the Griffith University Community Service Program; go to [www.u3aonline.org.au](http://www.u3aonline.org.au).

Individual Membership gives access to all courses for \$25 per year. Sign up on the website.

Organisation Membership [M-U U3A is a member] gives access to all courses for use in the classroom by prospective tutors at \$20 per course [refundable from M-U U3A].

Contact Chris Graham [4457 1249] for detail about website access

A list of available courses appears on our website.

**Ross Wade has been Treasurer of U3A for five years. He has more recently added the duties of Membership Officer to that role.** He is a devoted community member who is a committed member of the Anglican Church. He was Treasurer of Milton Ulladulla Rotary in 2015, has held Anglican Church committee positions, is at present Chairman of the Management Committee of the Ulladulla Community Centre and is Treasurer of the Fossil Museum. He works in Men's Health through the Community Centre. He has presented courses on the Latin Language and Mythology to U3A members.

U3A Milton Ulladulla members and committee count themselves fortunate to benefit from the service and experience of such an enthusiastic community member and thank Ross for his service.



## THE 2016 TERM 1 PROGRAMME NEW COURSES

Five new courses this term ...

### Unrecognised Failures and Deceivers

**Geoff Andrews 4454 3580**

Geoff's course will examine those who, in their time, were not recognised for what they achieved, those who dramatically failed, and those who successfully pulled the wool over peoples' eyes - yet whose contributions by those failures and deceptions proved dramatic. In an attempt to tie it together, he will also explore the various entrenched attitudes of the time which both thwarted and encouraged people's ambitions.

### Forensic History: Crime, Fraud and Scandal

**Chris Graham 4457 1249**

Modern History is littered with terrible crimes, baffling hoaxes and seedy scandals. Step into the world of forensic science and study the most fascinating crimes and mysteries from the last two centuries. Share with Chris this Great Course DVD that takes you from the gas-lit streets of London via the mountains of Puerto Rico to small town America, and learn how forensic technology is applied to investigations, and how forensic scientists evaluate evidence.

### Writing and Civilisation

**Enid Everingham 4454 2430**

The written word is so central to the way we live that it can seem it has always existed; yet writing is a relatively recent human invention. Trace, with Enid through the medium of a Great Course DVD, the remarkable saga of "visible speech" from its origins to its future ... be whisked around the globe to explore the array of sophisticated writing systems that have been developed, adopted and adapted by various cultures over the centuries.

### Skywatching: See and Understand Cosmic

**Wonders Chris Shinton 4454 5584**

Step outside at any time of day or night, look up, and you're bound to see a world filled with limitless wonders: majestic rainbows, dramatic cloud formations, stirring sunsets, intricate constellations, captivating solar eclipses, and even the distant planets themselves. Join Chris and let him expose you to these and other breathtaking natural phenomena that are more than just magnificence to be admired ... they are the result of fascinating atmospheric and astronomical processes that manifest themselves through important scientific concepts in cosmology, physics, and meteorology. To understand and to enjoy the wonders in the sky only requires a basic understanding of the

science behind them, together with insights into the best times and places to see them, plus the simple equipment and other steps you can use to improve what you see at any time.

### Museum Masterpieces: The National Gallery, London

**Ann Troup 4454 4741**

Of all the world's great art museums, the National gallery, London is the only place where one can grasp the breathtaking scope of European painting between the late medieval period and the 19<sup>th</sup> century. Now you can take an unforgettable tour with Ann, through the medium of a Great Course DVD, of the Gallery's world-class collection; be surprised and delighted with the keen observations and unexpected insights of this grand institution and its masterpieces by the course presenter.

## RETURNING COURSES

### Conversational Italian

**Mary Benton 4454 1197**

Mary co-ordinates our long-running Italian class, which is now concentrating more on conversation than practise; consequently, it will only benefit those with a reasonable ability to converse. At the moment, the course caters for continuing students only, but call Mary if you think your ability is acceptable, and the two of you can determine if it would be suitable.

### World Textiles

**Judy Richmond 04 1474 6537**

Judy's course is an appreciation of materials - it is not a 'how to' course - which involves appreciating specific examples of textile forms; her emphasis will be on the great diversity, interest in and beauty of textiles world-wide. Over 10 weeks, a variety of artefacts, clothing and ceremonial items will be examined and discussed. Actual textile items presented will include Japanese shibori (tie dyed, resist fabric) and kasuri (ikat patterned) garments; Peruvian Andean colouring and weaving; Australian Tiwi Islands fabric and NT basketry; African woven forms in cotton and raffia; Uzbekistani embroidered skull-caps and suzanis and fabulous Central Asian ikat fabrics; outstanding SE Asian traditional weaving; and textile arts of Bhutan, together with some Indian pieces. Brief details on raw materials and structures employed to create these works will be included. Resources used will include samples of plant and animal dyed fibres, workshop samplers, museum references, fabrics, household items, garments and accessories from around the world; textile reference works, and travel images. Judy will provide information sheets for each Session. The course is held in Judy's home on Thursdays between 09:30 and 12:30. Because of this,

participants will be limited to 8 maximum.

### **Mah-Jong**

**Bill and Sharyn Lampard 4455 7740**

Bill's and Sharyn's course is for both beginners and those who would like to brush-up their skills; it is held on Thursdays from 0930 to 1230 at the Mollymook Golf Club.

### **I-Pads for Beginners**

**Heather Campbell 04 1940 4863**

The structure of Heather's course will be as it has been in the past: an introduction to I-Pad connections and controls, using the App store, Contacts, Calendar, Surfing with Safari, E-mail, Facetime, Entertainment, and problem solving. The course will run on four consecutive Fridays of the term - 19 and 26 February, and 4 and 11 March. It will be held in the Dunn-Lewis Centre between 1100 and 1230.

### **Beginning French**

**Eva Schonstein 04 0937 1057**

Eva's course complements the other French courses already established in our local syllabus. Whilst Eva has already run her starters' course over a few terms, there is still time for newcomers to join her ... so if any members have a yen to learn and to speak this popular language, now is the time to act.

### **Creative Textiles**

**Beryl Wade 44554185**

Beryl's group has been working together for five years, in that time creating many forms of artistic expression using the medium of textiles. This year they will be working on felting and nano felting.

Beginning Wednesday, 10th February.

## **CONTINUING COURSES**

### **Singing for Pleasure**

**Elizabeth Andrews 4454 3580**

Singing for Pleasure, under Elizabeth's guidance, is now starting its eleventh year, and has a band of reliable singers who would welcome and help newcomers. The group aims to sing in three or four parts as far as is possible, and would be glad to see new members in all sections of the choir - whether or not they can read music. Everybody finds that it is good to have a performance to work for, but these are not frightening experiences, and the aim of the course is to give

pleasure as well as to enjoy the process. So, give it a try!!

### **Monday Music**

**David Evans 4454 3039**

David's Monday course is currently his only music appreciation session [ie, there is no Tuesday Music this term]. It is held in his home, so places are limited; register with him early to avoid disappointment.

### **Russian**

**Irene Mitchell 4454 0747**

Irene will continue to teach the language, and to look at Russian culture, customs and way of life. The course level is such that unless you are conversant with the Cyrillic alphabet and the very basics of the language it will not be suitable for you

### **Beginners' Line Dance [2 sessions]**

**Helen Reeson 4455 2805**

Helen invites members to join her Beginners' Line Dancing classes on Monday or Friday, or both, starting 1 February. As Helen says, Line Dancing is all about moving to music, having fun with friends, and exercising both mind and body ... it's definitely not about boots, buckles and hoe-downs. Routines follow a variety of music and dance styles - including waltzes, rhumbas, and cha-chas. You don't need a partner, and steps can be modified to suit individual needs or restrictions. Sessions run from noon to 1pm at the Catholic Church Hall on the corner of Green and St Vincent's streets. So get along and get started with basic steps and easy dances, and enjoy a cuppa afterwards - and you're welcome to stay as Helen's following class continues at the next level. If anyone wants to start in January, phone Helen.

### **Cryptic Crosswords [Intermediate]**

**John Dallimore 4454 1453**

John's class is aimed at those who are grappling with the cryptic mindset, and still need a bit of guidance. He looks at solutions to earlier puzzles, and dissects the clues to reveal the answers.

### **Film Appreciation**

**Ted Gordon  
4455 2313**

Join Ted to watch classic films ... this term including *Paths of Glory*, *Guys and Dolls*, *The Importance of being Earnest*, and *Four Weddings and a Funeral*. In general, Ted has a full complement, but check with him in case vacancies have arisen.

**The Meaning of Life**

**Val Barnes** 4455 5796

This term, Val's discussion group will continue looking at the philosophies of Nietzsche, Gandhi, and HH Dalai Lama XIV. It is held in the Ex-Servos Club on Wednesdays between 10 and 12 [ask at reception for location].

**Leadlighting**

**Brian Brown** 4457 1260

Brian's course is well established, but beginners are more than welcome to come along. Brian will cover the basics, the techniques, and the equipment you will need to get under way. A reasonable outlay is required on tools and materials, but Brian has some starter kits available to get beginners going. Participants will decide what they want to do, and progress at their own level and pace. The course is held in the Old Fire Shed at Bawley Point.

**Making Mosaics**

**Colleen Ringe** 0416 081 011

Colleen is taking over from Margo, but the sessions remain the same ... start by working on small items to learn the basics, and - once mastered - participants go thence to where their imaginations take them ...

**Shibashi**

**Irene Mitchell** 4454 0747

Start the day undertaking gentle body movement and balance with vision and music with Irene at the Burrill Lake Community Hall.

**Continuing French**

**Judith Pearce** 4454 4477

Judith's class will continue reading and interpreting 'Cinq Semaine en Ballon' plus some Inspector Clouseau misadventures, and thence base conversation on them to grow vocabulary and pronunciation.

**Great Minds of the Western Intellectual**

**Tradition**

**Dr Roy Liegel** 04 8828 4457

Roy's course is held in the ex-Servos club on Thursdays between 10 and midday; he is mentoring the course from The Great Courses' DVD series of the same name. It is a comprehensive survey of the 3000-year history

of Western philosophy from its origins in classical Greece to the present day. The format is to listen to 2 lectures and then enjoy a group discussion on the content ... over a cup of something. Because of the extensive nature of the subject, the course will be conducted over a number of terms. Roy intends to issue information about each session in advance, so that participants can be aware of what is coming and prepare themselves for the group exchange.

**Current Affairs**

**Noel Souter** 4454 2254

Noel is again ready to focus the minds (and hearts) of those who attend his lively discussion group on the implications of everyday events and trends.

**Cryptic Crosswords [advanced]**

**John Dallimore** 4454 1453

Cryptic Crosswords can be a source of immense satisfaction when you solve them ... and immense frustration when you can't! This course is for those who are already into them, but would like pointers on how to tackle them more competently, and collectively enjoy tackling brain teasers.

**M-U U3A Book Club #1**

**Liz Shinton** 4454 5584

Liz's club meets every month on the first Thursday at one-thirty in the Ulladulla Library. The aim, as always, is to enjoy and to discuss a good read. Regrettably, this book club is full, but 'phone Liz to check - just in case a last-minute vacancy has arisen. However, you have an option; consider ...

**M-U U3A Book Club #2**

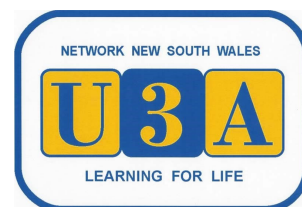
**Beverley Webster** 4454 2062

... Book Club #2 - with the same aim as Book Club #1 - is also in full swing in the Library; it meets every alternate Friday at 9 o'clock, starting 29 January. Unfortunately, this club too is full, but - again - contact Beverley to check if there is now a vacancy, or also consider ...

**M-U U3A Book Club #3**

**Carole Dykes** 4454 5125

... Book Club #3 - same as the previous two, but meets in the Library every alternate Thursday at 2 o'clock, starting 28 January.



**German - Beyond Beginning****Elke Smith-Hill****4455 3547**

Elke continues her exploration of the German language and culture - devoting time to customs, history and holidays; she promises a fun experience! Elke has now reached the stage where beginners would not be able to participate easily; however, if you have some skill in the language, then give her a call and you and she can assess whether you would benefit.

**French Literature and Conversation****Val Barnes****4455 5796**

Val welcomes fluent French-speakers to join her between 10 and 12 on Friday mornings at the Dunn-Lewis Centre to discuss, in French, French poetry and modern fiction.

**Recorder Group****Vern Flay****4454 5860**

The Recorder Group is now conducted by Vern Flay, who has a wealth of experience coaching musical ensembles; as a result, participants are now increasingly appreciating their musical theory and performance. Recorder Choirs have a unique and startlingly sweet sound ... and there is plenty of scope to enjoy the fun of making music with others - even if you have not played the instrument before. If you feel like joining the Group but are a newcomer to the instrument do not despair; call Vern who will determine the best way for you to get you started - including offering basic tuition before the group assembles for practice.

**ASSOCIATED COURSES**

The following courses are self-organising, but are run under the auspices of, or are supported by, M-U U3A

**Easy Yoga****Helen Reeson****4455 2805**

Helen's approach to Yoga is gentle but stimulating - so wear comfortable clothing for an enjoyable exercise class on Mondays and Fridays from 0800 to 0900 ... starting on 1 February. Again, the course is at the Outreach Centre in North St, and there is no U3A fee - hence a donation of \$3 per session to the Outreach Centre would be welcomed

**Jeudis de la Presse****Christine Pearce****04 6895 4487**

Christine is once again offering to guide a French conversation course concentrating on current affairs - in particular those affecting France; take this opportunity to think and to talk on contemporary subjects in a second language. There is no fee for this course. Participants meet in the Gunyah Café in Milton at 11:00 to enjoy coffee, cake and chat - très Français

**Milton and District Concert Band****Vern Flay****4454 5860**

The Milton and District Concert Band practices every Thursday evening in the Milton School; it plays out regularly in the community. It comprises brass, reed and percussion instruments, and welcomes newcomers to its ranks. Beginners will be coached before full band practice starts at 1930. The band runs its own budget, so there is no course fee

**Birdwatching****Marg Hamon****4457 1129**

Birdwatching sorties are launched every fortnight on Friday mornings. Contact Marg or visit [mubirdclub@gmail.com](mailto:mubirdclub@gmail.com) for details of excursions and procedures, and other activities

**Mah Jong****Enid Hillery****4455 5273**

Enid's friendly group meets every Saturday afternoon in the Harry Higgs Room. You should have a good grasp of the game ... so if you play at an intermediate standard, Enid would be delighted to welcome you.

**COMMUNICATION WITH MEMBERS**

**For all contact with U3A Milton Ulladulla U3A please email Colin Cornwell at [colinc.u3a@bigpond.com](mailto:colinc.u3a@bigpond.com)**

*E-mail is our preferred method of communication with members. If members have acquired an e-mail address, or recently changed it, please let our Membership Officer know. Those without e-mail will continue to receive the newsletter by post.*

**PUBLICITY**

*Our Publicity Officer, Penny Stein, very much appreciates information given by members for publication in the local paper, or elsewhere, or for our archives. Please let her know if you have any material regarding our campus' activities. Her email is [bmstein@bigpond.com](mailto:bmstein@bigpond.com)*

## ENROLMENT MEETING

The Milton Ulladulla U3A Enrolment Meeting will be on Wednesday 20 January from 1000 to 1500 in the Harry Higgs Room. Come along, enrol for 2016, talk about courses, chat to other members, and enjoy a snack and drink ... see you there.

## AUDITOR

**Our campus is looking for an honorary auditor. Is any member willing to take on this role? If you are interested, talk to Ross - our Treasurer - and he will assure you the task is straightforward and does not involve an onerous time commitment.**

## THE M-U U3A DVD FILM AND 'GREAT COURSE' LIBRARY

The DVD Library in the Harry Higgs Room is available to all members. The collection has built up over many years, and there are many great and classic films to view - as well our growing number of 'Great Course' DVDs on many interesting and varied topics.

There is no charge to loan a DVD. We just ask that you are careful with any DVD you borrow, return it as soon as you have watched it, and replace it on the shelf in alphabetical order.

## DVDs MISSING FROM OUR LIBRARY

A recent survey of our DVD Library has shown that a number of DVDs [Films and Great Courses] are missing without trace. Members are asked to check their collections to ensure that M-U campus property has not been inadvertently retained.

Could the films be returned as soon as possible so that they may be enjoyed by other members? If any member is viewing a 'great course', could they please contact Chris Graham so he can complete the campus inventory.

## MEMBERSHIP BADGES

Membership Badges this year are coloured bright yellow - they signify you are a current member, and are your receipt for payment of membership. Please wear your membership badge to classes and functions; it helps identify you to those around you.

## MEMBERSHIP DETAIL

Members are asked to keep our Membership Officer up-to-date with their contact details - particularly changed e-mail addresses.

## VENUES

The U3A Lecture room is The Harry Higgs Room in the Milton Cultural Centre [next to the Milton Library].

Lectures are also held at other venues throughout the area; the term newsletter and timetable contain the detail.

## SUBSCRIPTIONS AND FEES

Annual Membership of Milton-Ulladulla U3A Campus is \$20, payable in January, or on joining the campus.

Fees per term are: \$10 for the first course, and \$5 for the second; the third course is free.

## MILTON DISTRICT BAND

The Milton and District Band is soon to celebrate its 150 years of existence. Currently it is 18 strong, and sounds good; but it could sound better. The Band would eagerly welcome new players - in particular, it would be really nice to have a few more clarinet players. Amongst our members there surely must be some who have played woodwind or brass instruments in the past and who could be motivated to get back into the swing? Under Vern Flay, the band plays tuneful, recognisable melodies from uncomplicated arrangements, and enjoys a good response when playing out in public. Assistance with instruments and tuition/mentorship can be given to players wanting to get back to form. Contact Vern on 4454 5860



**HARRY HIGGS ROOM**

We all like to enter the Harry Higgs Room and see it in good condition. We ask that at the end of sessions, tables and chairs are put away, boards are cleaned, and general tidying up is completed - including wiping down tables if you have enjoyed drink or food on them; also, if the rubbish bin is full or contains decomposable material, please empty it in the council bins outside the room.

**INSURANCE**

All Milton-Ulladulla U3A members are covered by Public Liability Insurance organised by the U3A Network - NSW. It covers the legal liability of the M-U campus to members and the general public in respect to bodily injury and property damage. The sum insured is for \$20,000,000.

Insurance coverage for members is validated by their being financial and having their names on the course attendance list.

**DISCLAIMER**

The Courses and Activities provided by the Milton-Ulladulla Campus Inc are intended only to supply general information to participants, and in no way constitute professional advice on which participants should rely.

U3A Milton-Ulladulla Campus Inc, its committees and its course and activity leaders, does not accept responsibility for any losses of any kind suffered by a participant attending a course or activity. People enrolling or participating in a course or activity are deemed to accept this disclaimer and the limitation of liability of the U3A Milton-Ulladulla Campus Inc and its committee and course and activity leaders.

*Congratulations to the Ulladulla Fossil Walk on the opening of the Brodie Park Millennium Walk and on the opening of the Oldest House in Ulladulla as the Fossil Museum. U3A members volunteer their time to the museum and are proud of their association with the Fossil Walk project.*

**MILTON ULLADULLA U3A COMMITTEE**

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<b>Secretary Correspondence/Minutes</b>		
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<b>Treasurer/Membership Officer</b>	Ross Wade ross@wade2.net.au	4455 4185
<b>Courses' Co-ordinator/Webmaster</b>		
Chris Graham	4457 1249 chrisnjoan@hotmail.net.au	
<b>Publicity Officer</b>	Penny Stein bmstein@bigpond.com	4455 5747
<b>Social Secretary</b>	John Hepburn hepburnjp@gmail.com	4455 4267
<b>Properties Officer</b>	Vince Rowe 0417 040 325 vandrowe@southernphone.com.au	4455 7746

**CONTACTS**

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<b>Mail address</b>	Milton-Ulladulla U3A Inc. PO Box 530 Ulladulla NSW 2539

**Website**

[www.miltonulladullau3a.org.au](http://www.miltonulladullau3a.org.au)

**TERM DATES 2016**

<b>Term 1</b>	<b>27 January [Wed] - 08 April [Note: Easter holidays 25 and 28 March; no sessions on these days]</b>
<b>Term 2</b>	<b>26 April [Tue] - 01 July</b>
<b>Term 3</b>	<b>18 July - 23 September</b>
<b>Term 4</b>	<b>10 October - 20 December</b>

